

Sunday Night Message

September 1, 2013

Psalm 38 – The Right Focus Will Fix It

Series – The Psalms

Text – Psalm 38

Introduction

This psalm is another penitential psalm, which expresses mourning as a result of sin. See also Psalms 6 and 32. Another famous penitential psalm is Psalm 51. You will notice a lot of similarities in these psalms. Compare Psalm 6:1 with Psalm 38:1; and 32:5 with 38:18.

Notice that the subtitle states: *“A Psalm of David, to bring to remembrance.”* (also Psalm 70). David is asking God to remember to be merciful:

O LORD, I have heard thy speech, and was afraid: O LORD, revive thy work in the midst of the years, In the midst of the years make known; In wrath remember mercy. (Habakkuk 3:2)

In these psalms, you will notice that David developed a physical condition that seems to be a direct result of his sin. Obviously, not all physical ailment is the result of sin. (John 9:1 – 3); but some ailments are caused by sin. (John 5:14)

Everyone of us, at one time or another, will experience the pain that results from falling into sin. This psalm will show the three choices that David made, and will also demonstrate that there are three choices that we can make when we hit bottom.

I We Can Focus on Self (vs. 1 – 10)

II We Can Focus on Others (vs. 11 – 14)

III We Can Focus on the Lord (vs. 15 – 22)

“I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the LORD, which made heaven and earth.” (Psalms 121:1-2)

The Lord is the only one that can help us.